

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Lizette Van den Berg

Has successfully participated & completed the

Sprint Cross Triathlon Blyde Triathlon & Aqua Bike

held at Blyde River, Pta East.

## **TIME** 02:08:58

**PACE** 10.70km/h OVERALL 53 of 73

**GENDER** 12 of 22 0 of 0

Sout Lime Signature

09 February 2020, Sun

Date